

## THIS AND THAT Activity

The following activity is meant to engage your staff into thinking about the constant work needed to implement changes. During this activity, participants will focus on improving new skills, or concepts learned, while reducing behaviors or characteristics of the old paradigm.

To begin the “This and That” activity, you will need to prepare a visual with a question or statement about change, which should reflect the objectives of a previous staff development activity. For example, if you have recently done a Differentiated Curriculum activity, you would ask them to reflect on what they learned and what they need to do more of THIS, and a little less of THAT of in terms of creating rigor and relevance in their classrooms.

Explain that THIS are the positive characteristics needed for change, and THAT are the old behavior that you are moving away from. Using the “This and That” page which I placed online, as well as the steps to this activity, have each staff member write what they need to do more of THIS, and a little less of THAT of in their own classroom, as well as with their educational team as a whole.

After 4-5 minutes, divide into teams of 6-8 people and discuss individual ideas from the THIS and THAT page. Have each group report those that are most important and may require additional follow-up development activities. Post these ideas for future reference.